



# IMPACT REPORT

**Annual Report 2024**

you  
are  
Amazing keep going

Body Safety  
  
Australia

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*I really hope that this program empowers young children to be aware of their rights and the rights of others, and it is something I will take forward into my practice for years to come*

**Educator, Superstars professional development 2023**





## ACKNOWLEDGEMENT

Body Safety Australia acknowledges and pays respect to the past and present Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual, and educational practices of Aboriginal and Torres Strait Islander peoples. We acknowledge that sovereignty has never been ceded. Always was, always will be, Aboriginal land.



*I'm a primary teacher in another government school and we don't bring in any organisations like BSA for covering RR or sex education and I see how challenging it can be for the teachers to deliver this content so I'm so grateful that [my child's school] works with BSA for this program!*

**Parent, Unique You information session 2023**

144

CAUTION  
SHARED ACCESS WAY  
PROCEED WITH CARE

# ABOUT US

Founded in 2015, Body Safety Australia is Victoria's leading not-for-profit organisation dedicated to developing and delivering primary prevention and early intervention programs to early childhood, primary and secondary schools around Australia. Our purpose is to promote childhoods free from violence where children enjoy equitable and respectful relationships.



**Child Sexual abuse prevention**



**Relationships and sexuality**



**Consent, eSafety and emerging sexuality**



**Positive body image**



**LGBTQIA+ empowerment**



**Promoting youth leadership**



**Gender equity and inclusion**



**Child Safe Standards**





# Our Team

## BSA Leadership Team



**Deanne Carson**  
Founder / CEO



**Jonathas Santos**  
Operations Manager



**Lauren French**  
Head of Education  
and Community  
Engagement

## BSA Educators Team



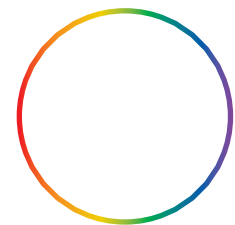
**Alanah Parkin**



**Chami Rupasinghe**



**Charlotte Clough**



**Emily Costello**



**Eve Donnelly**



**Imogen Senior**



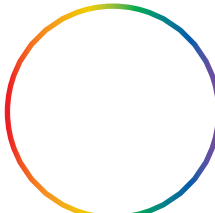
**Jay Jones**



**Karol Crenkovic**



**Lou Sebial**



**May Parley**



**Mitali Reilly**

## BSA Office Team & Research

- Kate Hepworth
- Montana Gerber-Corn
- Sharan Kaur

# From the CEO



**Deanne Carson (she/her)**

Body Safety Australia Founder / Chief Executive Officer

To be the founding CEO of Body Safety Australia is to have walked every step of the organisation's journey in our vision of creating childhoods free from violence. This journey has taken us from my kitchen table to our new professional offices in North Melbourne. A team of two founders delivering a single workshop in our first year, has become a team of 17 delivering over 1000 workshops in 2023.

To create childhoods free from violence seems such a lofty ideal. Can we even conceive of a world where childhood maltreatment in all its forms is erased? When 40% of children in Australia have experienced at least one form of abuse, the only answer I have is that we have to try.

Our flagship program, Superstars, was developed in the wake of the Royal Commission into Institutional Responses to Child Sexual Abuse. The country was grappling with the breadth of abuse that occurred in schools, youth homes, sporting clubs and religious institutions. As a nation we were introduced to the brave adults who spoke, sometimes for the first time, about the harm adult men (because it was, and is, nearly always a man) chose to do to them. It was never enough for us to only address the sexual abuse of children by adults. We were firmly committed to also addressing sexual harm caused by children and adolescents, because whenever a child is sexually harmed by another child, there are two children in urgent need of support. So, our program was developed with consideration of age-inappropriate sexual behaviours in small children, incest by siblings and cousins and sexual harassment and assaults by teens to other teens.

We were clear, right from the start, that to end violence, we need to directly address the conditions where violence flourishes. Our vision is not only to create childhoods free from violence, but to create equitable respectful relationships. This means we need to name and work to dismantle all systemic disadvantage. In this sector we often talk about violence experienced by women and girls, or women and their children, but

that's only a sliver of the experiences of violence in this country that begins with colonisation, patriarchy, racism, ableism, ageism, homophobia, transphobia and all of the other unfair advantages created by wealth, class, education and geographic access to services or experiences of isolation.

This is why our programs embed diversity rather than add it on. Our programs strive to be accessible for autistic children as much as for transgender children, or children who have fled conflict to a new country and culture. We don't know who is going to be in the classroom before we arrive, but each one of these children may exist in the one body. A program for refugee children that isn't also inclusive of transgender or autistic children is not safe for the child who is an autistic transgender refugee.

Being inclusive means that our team must represent the communities we serve. Not only have we been able to recruit the most qualified and experienced practitioners to deliver our programs to children and adults, we have also prioritised representation. As founder I may have walked every step the organisation has taken, but I've only done this alongside a team so much greater than the experience and knowledge I bring. Every day the generosity of the Body Safety Australia team leaves me humbled. They share their professional and personal experience with me and each other so that we all grow stronger in understanding the experiences of the children we teach.

Whether we have succeeded in our vision depends on how you measure it. Of course, we have not ended the abuse of children in Australia, but one child at a time, we have let them know they have a right to be safe, they have a right to ask for help and they have a responsibility to bring joy and care to their relationships. And for those children courageous enough to disclose the harm they are experiencing, we have provided the first moment in their healing journey where someone says, 'I believe you.'



# Body Safety Australia Board Members



**Bayley Turner**  
Board Chair



**Sam Wu**  
Treasurer



**Shannon Bourke**  
Secretary



**Renee Ugazio**  
Board Member



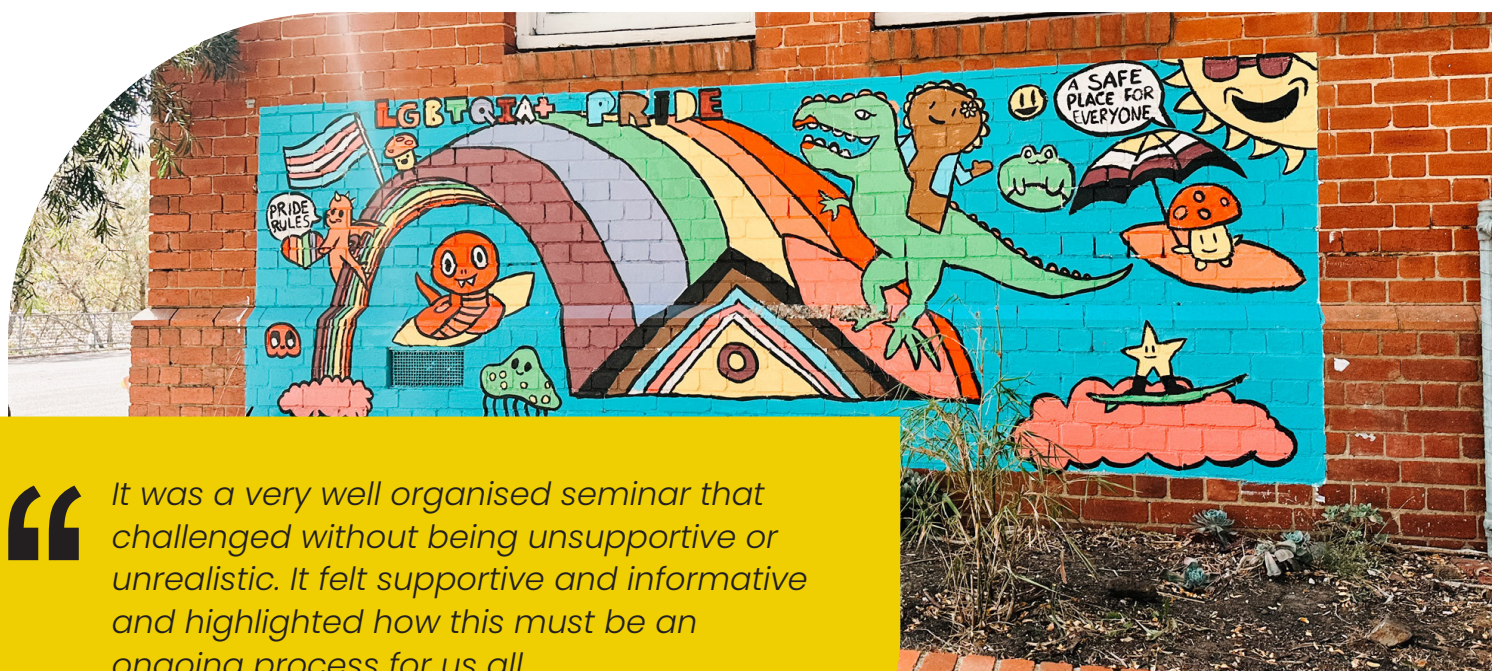
**Natasha Ritchie**  
Board Member



**Carly Dober**  
Board Member



**Deanne Carson**  
CEO



“

*It was a very well organised seminar that challenged without being unsupportive or unrealistic. It felt supportive and informative and highlighted how this must be an ongoing process for us all.*

**Educator, Child Safe Standards 2023**

# From the Treasurer



**Sam Wu (he/him)**  
Board Treasurer

I am pleased to share reflections on the tremendous progress we've made over the past five years, focussing on the broad achievements and growth that define our journey as an organisation.

In this time, our revenue has expanded nearly fivefold, a clear testament to the increasing support we've garnered and our ability to scale our operations. We have also grown from just a couple of staff to 17 employees. This growth has allowed us to expand our capacity to serve the community and deliver on our mission more effectively.

One of our most significant accomplishments was our demonstrated resilience during the challenging COVID period, when we were unable to visit schools to deliver programs. Despite these obstacles, we navigated the crisis successfully, continuing to support our community online and maintain stability.

Our two office relocations over the past five years are a physical representation of our growth trajectory. Each move signified the need for greater space to accommodate our expanding team and operational needs.

Our growth has been underpinned by a renewed board of directors bringing enhanced expertise and a broader skillset. This renewal has strengthened our governance and sharpened our strategic vision, ensuring that we remain adaptable and forward-thinking.

In terms of financial health, we have managed our cash flow carefully, allowing us to maintain a robust financial position. This careful management has supported our ongoing activities and created opportunities for future growth and greater community involvement. It has also enabled us to offer competitive remuneration, helping us retain highly skilled and dedicated talent.

Over the past years, we have secured several major grants, which have contributed significantly to our cash flow, further stabilising the organisation, supporting our expansion efforts and allowing us to deliver specialised events and resources.

We remain committed to maintaining strict financial reporting standards, ensuring compliance with both Australian Securities & Investments Commission (ASIC) and Australian Charities and Not-for-profits Commission (ACNC) requirements. This commitment to transparency and accountability has built trust with our stakeholders and the broader community.

Looking forward, we are well-positioned to continue this path of growth and progress. The foundation we have built, both financially and operationally, ensures that we are ready to embrace new opportunities and expand our impact. Our vision remains focussed on supporting our community, growing our programs and building a sustainable future.

I would like to express my deep gratitude to everyone who has contributed to our success. Together, we have grown stronger, more resilient and more capable of serving our mission. I am excited about what lies ahead and confident that with our continued dedication we will achieve even greater success.

## ***In the 2023-2024 financial year, Body Safety Australia delivered...***



**737**

workshops for children



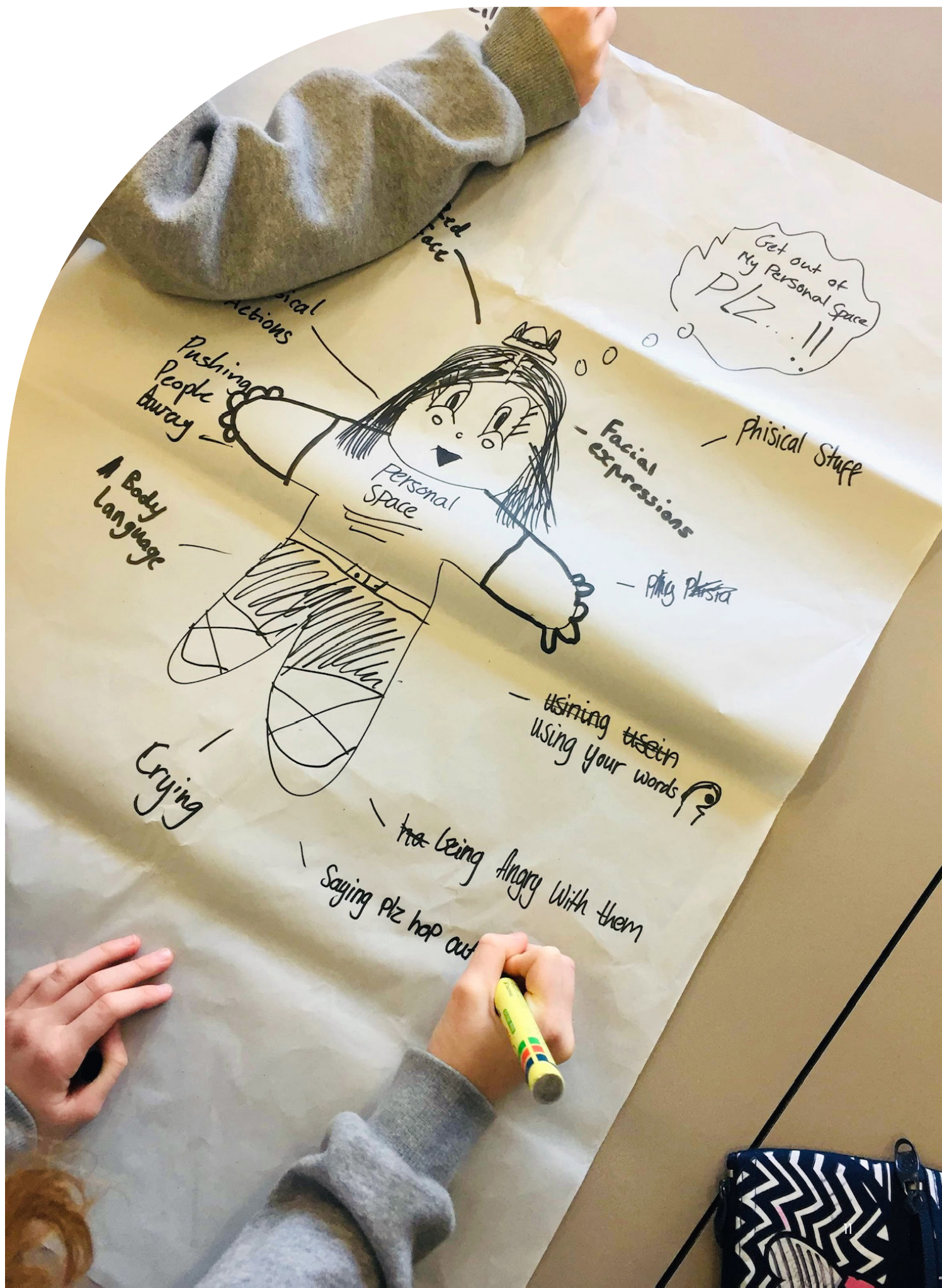
**199**

workshops for parents and caregivers



**119**

workshops for staff professional development



# Our Education Team and Programs



**Lauren French (she/her)**

Head of Education and Community Engagement

As Head of Education, I have the joy of managing our educators and watching the passion they bring as individuals meld together to create a team focused on change. I came to the organisation originally as a volunteer, then a casual educator, then became involved in training as the team grew. I've loved being part of expanding the team, each person adding knowledge, skills, creativity and drive to our BSA tapestry.

The educators continue to astound me in their ability to not only move between varying communities, but also continuously adapt their facilitation to meet the needs of all the young people in front of them. They always come back to maintaining the dignity and inclusion of all the students they teach. This is true whether it's a 4-year-old in early childhood who's exploring their own bodily autonomy for the first time in a session, or a year 6 student in primary school who's experiencing a truly safe space to ask if their puberty changes are normal. During training, I explain to them that they are going out and creating these incredible opportunities for change,

changing the narrative around education that many of them themselves experienced. While it's easy to hear that and understand it intellectually, seeing it in practice feels different.

Once an educator understands the very real impact they're having in a classroom, then comes the curiosity. Educators constantly ask to unpack how they can better respond, engage, challenge and creatively meet the needs of every student in front of them – sometimes in only 45 minutes. While the task sometimes may seem insurmountable, they always have an example of when it has worked. When they see real time behaviour change in class. When they see a young person questioning a harmful narrative. When a child is so empowered they are able to disclose violence they've faced. It's big, sometimes messy, but it keeps our team driven to show up every day.

In my role I've seen the team grow in their confidence, be challenged by new programs and create a team environment that puts supporting each other front and centre.





“ The session presented by Lauren to the children was absolutely amazing. It gave me the confidence to continue to use the concepts and language explored within the session within our daily program. It has assisted me to better teach body safety to my children.

**Educator who observed a children’s program, 2023**

“ I am an experienced early childhood teacher and educator and doing this program as a parent was so valuable. It affirmed what I knew as teacher, and it was great to see how the community my daughter belongs to is being effectively supported and educated.

**Parent, Superstars 2023**

“ I just want everyone to know that I have had my first period and if anyone needs any help or has any questions they can come to me, I will be there for you.

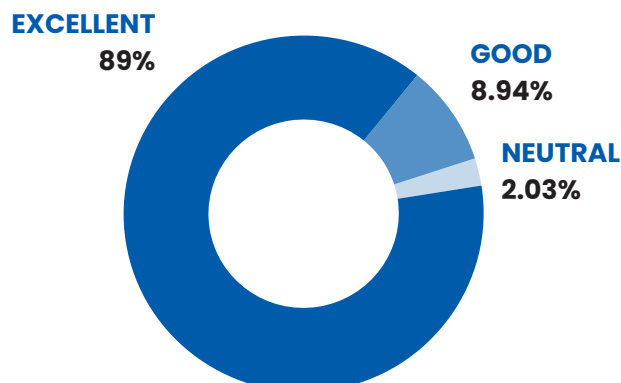
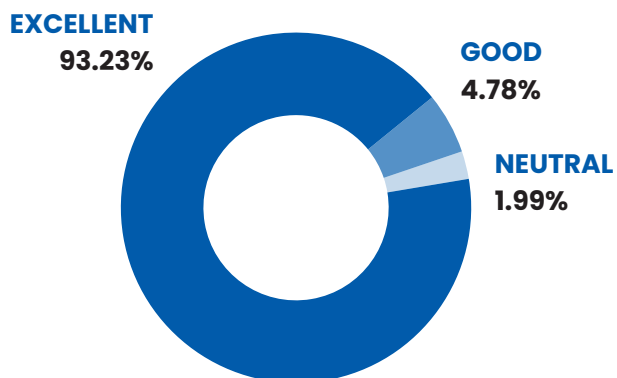
**Grade 3/4 student, Unique You program**



**93.2%**  
of parents and staff have rated the expertise of our educators **“Excellent”**



**89%**  
of parents and staff say the quality of the workshop overall is **“Excellent”**



# Churchill Fellowship



**Lauren French (she/her)**

Head of Education and Community Engagement

In 2023 I was awarded a Churchill Fellowship from the Winston Churchill Trust to undertake 8 weeks of international travel to connect with Indigenous people across the globe. My research was specifically to study Indigenous Elder-guided relationship and community repair after youth sexual violence. I was able to complete my travels across New Zealand, Canada, the United States of America and Norway during Term 2 of 2024 and am currently in the process of releasing my research report.

My project reviewed different Elder-led Indigenous cultural approaches addressing relationship repair and victim healing after youth sexual violence (SV). Through interviews with academic experts and cultural knowledge holders, as well as observations of healing and repair practices, I was able to investigate:

- How colonisation changed SV rates experienced and enacted by First Nations people
- How colonisation changed responses to SV experienced and enacted by First Nations youth
- How Indigenous Elders in community guide repair and healing after youth SV
- How international Indigenous methods can be adopted within Australia to combat the devastating impact of colonisation on youth SV and reduced multigenerational relationships

While my full report will be published later this year, the Fellowship was an incredible opportunity that challenged my ideas of Western academic research and allowed me space to experience culture. In New Zealand I had a meeting of the minds, through yarning about the idea of research and cultural practice, and swapping stories of family. Here I was able to clarify my research process, and the success measures I'd take with me for the rest of my travels. In North America (Canada and the USA) I was able to put the words aside and experience culture. I was invited into a ceremony and participated in the very practices I was hoping to witness. Norway was a fascinating space of colonisation, disguised rage

and a people having to prioritise which parts of their culture would be passed on to the next generation. I suspected Indigenous ways of being would provide answers and I was gifted so many responses to questions I hadn't known to ask.



“ This content is familiar with me and my son had body safety sessions at kinder. And we're thrilled and appreciative to have this ongoing education, meeting my son at his new stage/age.

**Parent, Unique You information session 2024**

# eSafety



**Jay Jones (he/they)**

Senior Educator / Program Development and Support Coordinator

Body Safety Australia continues to embed eSafety across all program design and delivery. We are responsive to the voices of children and young people about their digital worlds, from gaming and social media, to their online relationships and sadly, experiences of tech-facilitated harm. Teachers and parents have also shared their concerns and hopes for the online worlds of young people.

Our team are staunch champions of children's rights to digital autonomy and safe positive online experiences. We have attended all Community of Practice sessions offered by the Office of the eSafety Commissioner in order to guide the continued improvement of our programs and strengthen the online safety conversations we are having on the ground. These sessions uncover new research and create an opportunity to share emerging themes and trends in the classroom with other trusted eSafety providers. This holistic approach has allowed our educators to identify and respond to digital harms early, provide children and young people with critical media literacy and avenues for help-seeking and to support adults in better safeguarding their communities.

The 2023-24 period saw an uptick of violent and graphic imagery being shared online, increased hate-speech, and the rapid spread of mis/disinformation. With the changing landscape of image-based abuse and trends in deep fake content and generative AI, we have continued to send strong messages around image autonomy and resources like Take It Down. We have had thought-provoking and action-inspiring conversations with students, educators and families about how best to prevent harm, upstand and help-see. We have collated research into the 'manosphere', online hate speech, child sexual abuse material, online grooming, the links between video games and social behaviour, workplace technology-facilitated sexual harassment, pornography and deep-fake content. I had the opportunity to share this research and knowledge at the Wesnet Technology Safety Summit in October. Deanne shared the latest information

on the risks of child sex abuse material with early childhood educators at the Early Childhood Australia conference in Brisbane in September 2024. Our staff also attended an external webinar on understanding online harmful sexual behaviours and professional learning on the rise of anti-trans hate speech both online and offline. This ongoing learning – from Communities of Practice, real world conversations, to research collation – continues to shape the work that we do with whole communities in order to create safer online experiences for all.

**we surveyed parents and teachers about their concerns and:**



**49%**

said they want more support with eSafety.



**75%**

of parents worried about their children getting information from inappropriate sources.



*Wait I didn't know that you could have your stuff removed.*

**Year 7/8 student, Naked Truths program**



# #SetTheBar

At Body Safety Australia, we know that young people want (and deserve) great sex education. The #SetTheBar campaign was launched in April 2024 to hear youth perspectives on exactly what that education should look like. The campaign asked young people across Australia aged 14 - 22 to tell us:



## “ What sets the bar for great sex education ?

Having an open and engaging teacher, discussing a diverse range of topics and always being open to student questions.

*16-year-old*

Intersectionality, acknowledgement and education of differences in the sex ed classroom.

*19-year-old*

That sex should be normalised and teach that it should be safe sex. More on women's health and great sex education should be normalised!

*15-year-old*

Touching on EVERYTHING. Not just how to have safe sex, or consent, but ensuring you also teach about it being pleasurable and that it's okay to talk about.

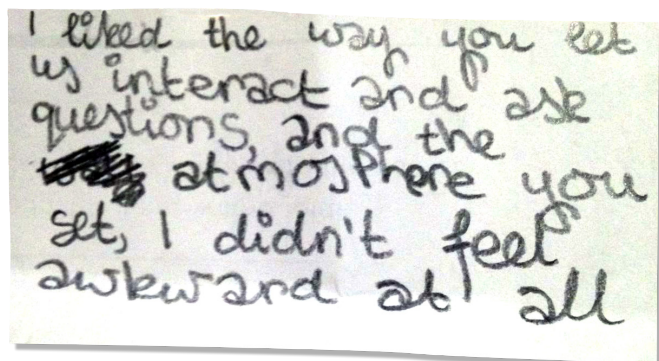
*22-year-old*

A safe space for an open conversation.

*18-year-old*

Free from moral judgements.

*19-year-old*



## “ What is the most important thing you want your sex education teachers to know?

With changes in culture and technology sex is changing and teachers need to acknowledge that the sex education from 20 years ago even if it was hypothetically really good and informative will not cut it now.

*16-year-old*

That students are sooo curious, we don't need you to boil or dumb down the sex ed content. It is so easy for kids to get exposed to sex and porn early, so be open and honest with students. Also create a safe space for kids to bring up their own ideas on what to talk about.

*20-year-old*

That we need to talk about important topics like consent.

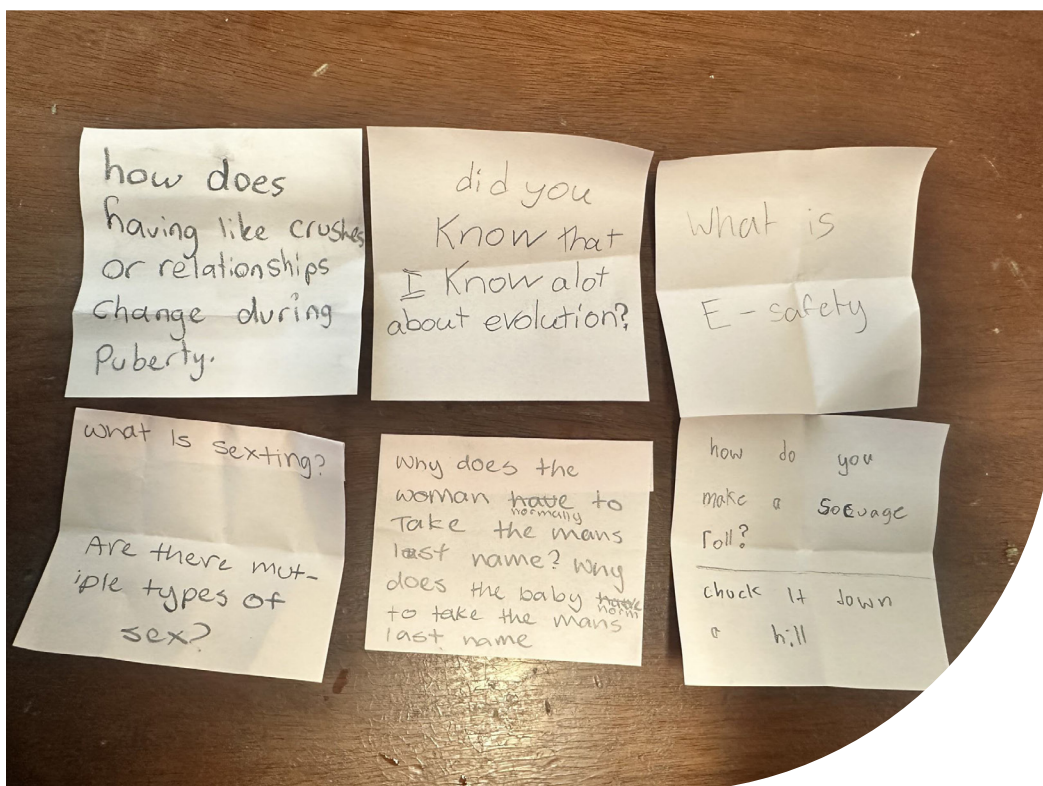
*15-year-old*

That we're going to have sex anyway so please give us heaps and heaps of quality information so we are actually prepared.

*19-year-old*

Queer identities and queer sex - it exists, people need to know how to be safe, that it is just as valid as cishet sex.

*20-year-old*



The responses were collected via an online survey and were completely anonymous. The #SetTheBar campaign aspires to shape future sex education programs to not only be evidence-based, but to speak directly to the experiences and needs of young people. During the campaign, survey responses were published across social media. We heard a desire for queer-inclusive, safe, sex-positive, comprehensive and intersectional sex education, free from judgement. Young people wanted to learn about the complexities of consent and relationships as well as sexual health and safe sex. Respondents expressed a desire for sex education that is “open, inclusive, non-judgmental, honest and meets the needs of young people”, asserting that “proper and inclusive sex education is essential for young people”. The insights provided by the #SetTheBar campaign will help to inform updates to the Unique You program and future professional development, as well as strengthening our advocacy asserting that relationships and sexuality education for young people must be informed by young people.



# Cultivating Consent Culture:

## Empowering Migrant and Refugee Youth in understanding Affirmative Consent



**Chami Rupasinghe (she/her)**

Senior Educator and Affirmative Consent Project Manager

At Body Safety Australia, we've taken on a challenge that sits at the intersection of cultural diversity, youth empowerment and sexual health education. Funded by the Department of Families, Fairness and Housing (DFFH) and in partnership with South East Community Links (SECL), we have developed the Cultivating Consent Culture: Empowering migrant and refugee youth in understanding affirmative consent.

This project responded to the Victorian Government's 2022 Affirmative Consent legislation which marked a pivotal shift in how consent is understood and proven in legal contexts, moving the burden of proof from the alleged victim-survivor to the alleged perpetrator.

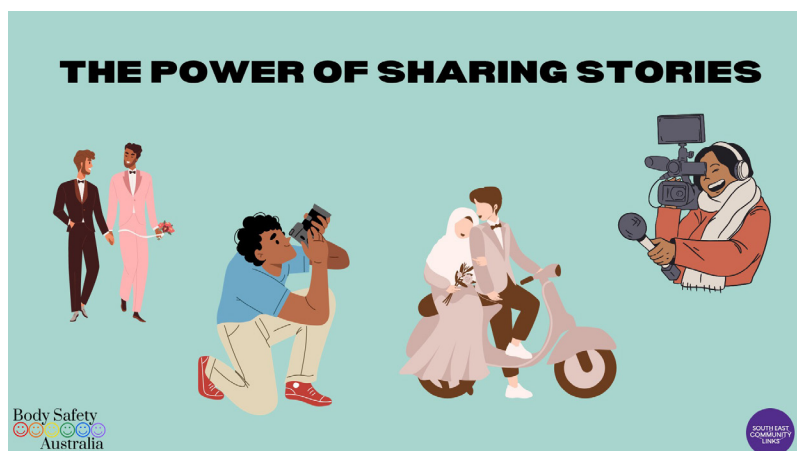
Talking about consent is tricky enough in any context. Discussing it with young people from diverse cultural backgrounds, each bringing their own set of values, experiences and potential traumas, brings added complexities. But by addressing these issues head-on, we are not just preventing potential harm – we can empower a generation to build healthier, more respectful relationships.

### Our Tailored Approach centred :

- Youth-Led Design
- Holistic Education
- Cultural Competence
- Trauma-Informed Practice

### We Developed and Delivered:

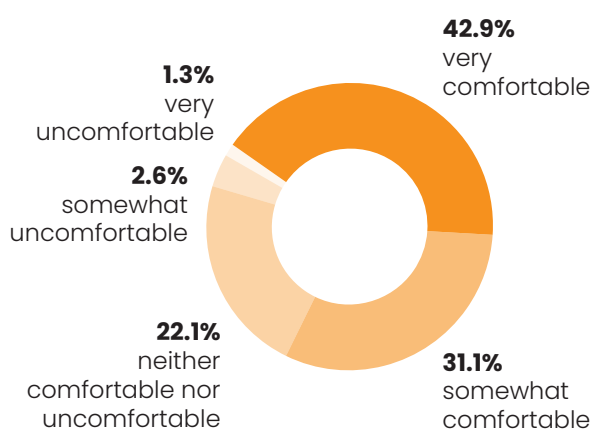
- Four interconnected workshops covering:
  - Identity, power, and relationships
  - Overview of consent and legislation
  - Consent in digital contexts
  - Respectful relationships
- Three videos of young people exploring:
  - Topic 1 – Pressure
  - Topic 2 – Image-based Abuse
  - Topic 3 – Consent in Marriage
- Resource sheet for professionals working with migrant and refugee young people
- Final Report to be delivered November 2025



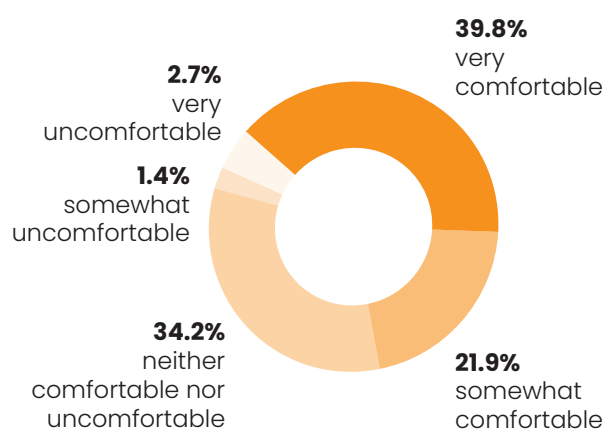


In our focus groups with migrant and refugee young people we asked:

**How comfortable would you feel discussing the content of the workshop with friends/family?**



**Explaining affirmative consent to your peers?**



Our work in affirmative consent education fosters a culture where mutual respect, clear communication and enthusiastic consent are the norm in all relationships. In a world that often struggles to talk about consent, we're showing that with the right approach, these critical conversations can be empowering, enlightening and transform hesitant learners to confident peer educators.

Because when it comes to creating a safer, more respectful world for all young people, the conversation is never really over – it's just beginning.

# The Youth Educator Mentoring Program



**Chami Rupasinghe (she/her)**

Senior Educator and Affirmative Consent Project Manager

In 2024 we launched our Youth Educator Mentoring Program and we're thrilled to introduce you to Mitali Reilly, our inaugural participant.

When it comes to discussing topics like body safety and consent, it's important to balance career knowledge and professional experience with the knowledge and experience of young people themselves. We didn't want to just implement a peer-to-peer education model (although that's powerful in its own right). We wanted to cultivate a generation of informed, empathetic and skilled educators who can bridge the gap between complex societal issues and the experiences of youth.

While research shows that young people are likely to request information from their peers, we are dedicated to ensuring that peer educators are provided comprehensive training and support, nurturing professional development, leadership skills and a deep understanding of critical social issues.

Our program is structured as a comprehensive, hands-on learning experience divided into two main blocks:

**Foundations and Skill-Building:** This initial stage focuses on establishing a solid understanding of key concepts and developing essential skills. It includes:

- Completing foundational courses on family violence and child sexual abuse
- Developing effective communication skills
- Learning active listening and empathy techniques
- Building cultural and intersectional awareness
- Understanding trauma-informed practice

**Practical Application:** This stage provides opportunities for hands-on experience, including:

- Shadowing experienced educators
- Co-facilitating workshops
- Developing and delivering independent presentations
- Engaging in reflective practice sessions

The Mentoring Youth Educator Program is a significant step in our mission to create safer communities through education. By investing in young educators like Mitali, we're not just building our organisational capacity - we're cultivating a new generation of advocates for child safety and consent education. As this program grows, we anticipate it will play a crucial role in making these vital conversations more accessible, relatable, and impactful for young people across diverse communities.



“ Throughout the duration of my work with Body Safety Australia the mentoring sessions have really helped me. It has allowed me to have the support I have needed to get into educating young people. The mentoring program has been an amazing help for both my work and my university course. I have been lucky enough to be able to learn things from work that have helped me in my studies and things in my studies that have helped with my work. The mentoring program has really helped me to find my confidence in running the programs. Together, Chami and I have worked on developing my skills in classroom management.

**Mitali, Youth Educator**

# Research and Evaluation

## Kate Hepworth (she/her)

Head of Research

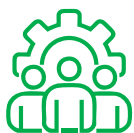
Stepping into the Head of Research role full time in early 2024 has enabled me to begin to build the infrastructure at BSA to grow and diversify our capacity in research. Our daily presence in early childhood centres and schools across Australia provides us with a unique insight into Australian classrooms in real time. I aim for our research projects to utilise the knowledge of our team and the insights from communities that are shared with us every day to contribute to the broader understanding of this work and what makes it so impactful.

Our research practice has grown extensively in the 2023–24 financial year. In mid-2023, we reviewed our current research practices and changed our approach to more actively seek feedback from the parents, caregivers and educational staff in our parent/carer and professional development workshops. Across all our programs we received:



**658**

responses from parents and caregivers.



**1354**

responses from educators, other staff and professionals.



**325**

surveys completed by children who had participated in a Body Safety Australia program.



Alongside our internal evaluations, we had our Imagine Me program for students in grades 5 & 6 evaluated with the support of Isobel Krug and Zoe Condliffe. As a result, I am pleased to announce that Imagine Me has been included on the Schools Mental Health Menu in Victoria for 2025. This will allow schools to access this program utilising their dedicated funding for programs that support positive mental health outcomes and wellbeing.

Special thanks to Isobel and Zoe for this report that enabled us to have Imagine Me included on the Menu. I would also like to extend my thanks to Hannah and the wonderful team at Brunswick North West Primary School for having us evaluate the program at your school. Finally, I would like to thank the young people who participated in the program evaluation, we couldn't have done this without you!



### Parents and caregivers say

My knowledge about child sexual abuse prevention has...

**4.56%**  
Stayed the same

**34.13%**  
Increased somewhat



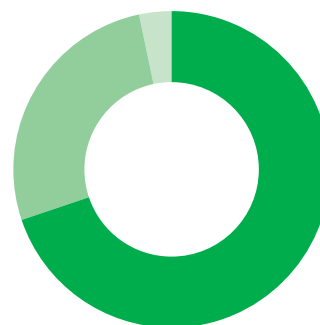
**61.31%**  
Increased greatly

### Staff say

My knowledge about child sexual abuse prevention has...

**2.35%**  
Stayed the same

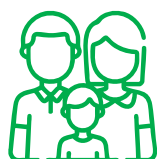
**28.17%**  
Increased somewhat



**69.48%**  
Increased greatly

### It takes a village ...

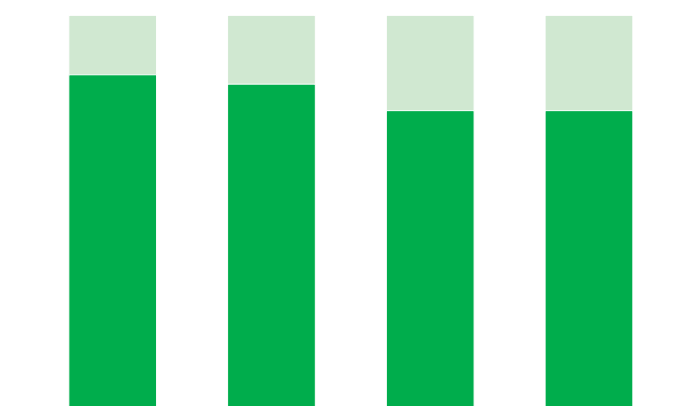
Part of our role as an external provider in schools and early childhood spaces is to lend our expertise working through difficult, challenging and uncomfortable topics. We want to know what families and teachers feel confident in teaching themselves, as well as where they need support. This helps us to strengthen and focus our work but also to inform our advocacy efforts to policy makers about what structural supports teachers and families need to teach body safety, sexuality education and respectful relationships education to the children in their care. These are some of the findings from our Body Safety Superstars post-program surveys:



**51%**

of parents, caregivers and staff most need support in having age-appropriate discussions.

### Parents said they felt most confident to talk to



**85%**  
their child about consent

**82.5%**  
emotional changes in puberty

**77.5%**  
periods and sexuality

**77.5%**  
gender identity

A whole-of-community approach that includes improving the capacity of adults to protect children from sexual abuse is such a fundamental component of the work we do every day. After completing a Superstars workshop:



**91%**

of parents and caregivers felt more confident to prevent abuse for their own child/children



**90.9%**

of staff agree they feel more confident in embedding abuse prevention in their practice



**87.5%**

of parents agreed they felt more confident to protect children in their community



**85%**

of staff agree they feel more confident speaking with families about child sexual abuse prevention





### Current projects and future directions

I am currently writing a report that will draw on our team's expertise and insights from the classroom to support the ongoing need for this work across Australia. I am looking forward to publication in 2025.

Future directions for our research and evaluation work includes:

- Seeking partnerships with researchers to conduct more independent evaluations of our programs.
- Utilising our feedback from communities to advocate for funding to reach those who need the most support.
- Longitudinal research on our programs to understand the impact participating in a Body Safety Australia program has over time.
- Sharing our feedback and insights from the young people who have participated in our affirmative consent workshops in partnership with South East Community Links.
- Creating more resources for caregivers and educators, based on what we know they feel confident in and where they need more support.
- Sharing more of our exciting projects that are currently underway throughout the rest of 2024 and into 2025!

Establishing our research centre is a huge step in our growth as an organisation. I would like to give special thanks to people who have been fundamental in supporting this:

- The wonderful team at Respect Victoria for support in establishing our research centre. Special thanks to Jac, Melinda and Steph for your ongoing support and guidance with our projects. I would like to also thank Serina and wish her all the best in her future role.
- Our placement students in 2024: Elle for your incredible work on the #SetTheBar campaign. Amy for your support in generating resource fact sheets soon to be published. Charli for your amazing work so far and I'm very much looking forward to seeing your final outputs later this year.
- Last but very not least Jane Gilmore – thank you for your ongoing wisdom and guidance to help me find my feet throughout the year; I couldn't ask for a better collaborator.



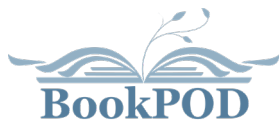
# Our Thanks And Acknowledgments

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jen@jenclark.com.au  
0409 971 124

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www.jasperhotel.com.au  
(03) 8327 2777

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## OTHER USEFUL NUMBERS

If you or your family are in need of urgent support, please consider contacting the relevant services below:

**Police: 000**

Dial '000' and ask for Sexual Offences and Child Abuse Unit or Sexual Crimes Squad

**Sexual Assault Crisis Line** [www.sacl.com.au](http://www.sacl.com.au)  
1800 806 292

**1800 Respect**

[www.1800respect.org.au](http://www.1800respect.org.au) | 1800 737 732

**Blue Knot Helpline** (for survivors of adult trauma)  
[blueknot.org.au](http://blueknot.org.au) | 1300 657 380

**InTouch Multicultural Centre Against Violence**  
[intouch.org.au](http://intouch.org.au) | 1800 755 988

**Men's Helpline**

[mensline.org.au](http://mensline.org.au) | 1300 78 99 78

**eSafety Commissioner**

[www.esafety.gov.au](http://www.esafety.gov.au)

**Kids Helpline**

[kidshelpline.com.au](http://kidshelpline.com.au) | 1800 551 800

**QLife**

[qlife.org.au](http://qlife.org.au) | 1800 184 527

**You are not alone.**

These services specialise in supporting children, young people and adults who are victims of abuse or family violence.

**The Australian Centre to Counter Child Exploitation (ACCCE)**

ACCCE provides a nationally consistent response to reports of inappropriate, harmful or criminal activities that have occurred to children online. You can report online at [www.accce.gov.au/report](http://www.accce.gov.au/report) or call 132 237.

**Sexual Assault Crisis Line:**

1800 806 292

**Blue Knot Helpline**

(for survivors of childhood trauma): 1300 657 380

**Centre Against Sexual Assault (CASA):**

[www.casa.org.au](http://www.casa.org.au)

**Orange door** (family violence support service):

[orangedoor.vic.gov.au](http://orangedoor.vic.gov.au)

**Kids Helpline:** 1800 551 800

**Child Protection Crisis Line:** 13 12 78

**Child Wise National Child Abuse Prevention Helpline:**

1800 99 10 99

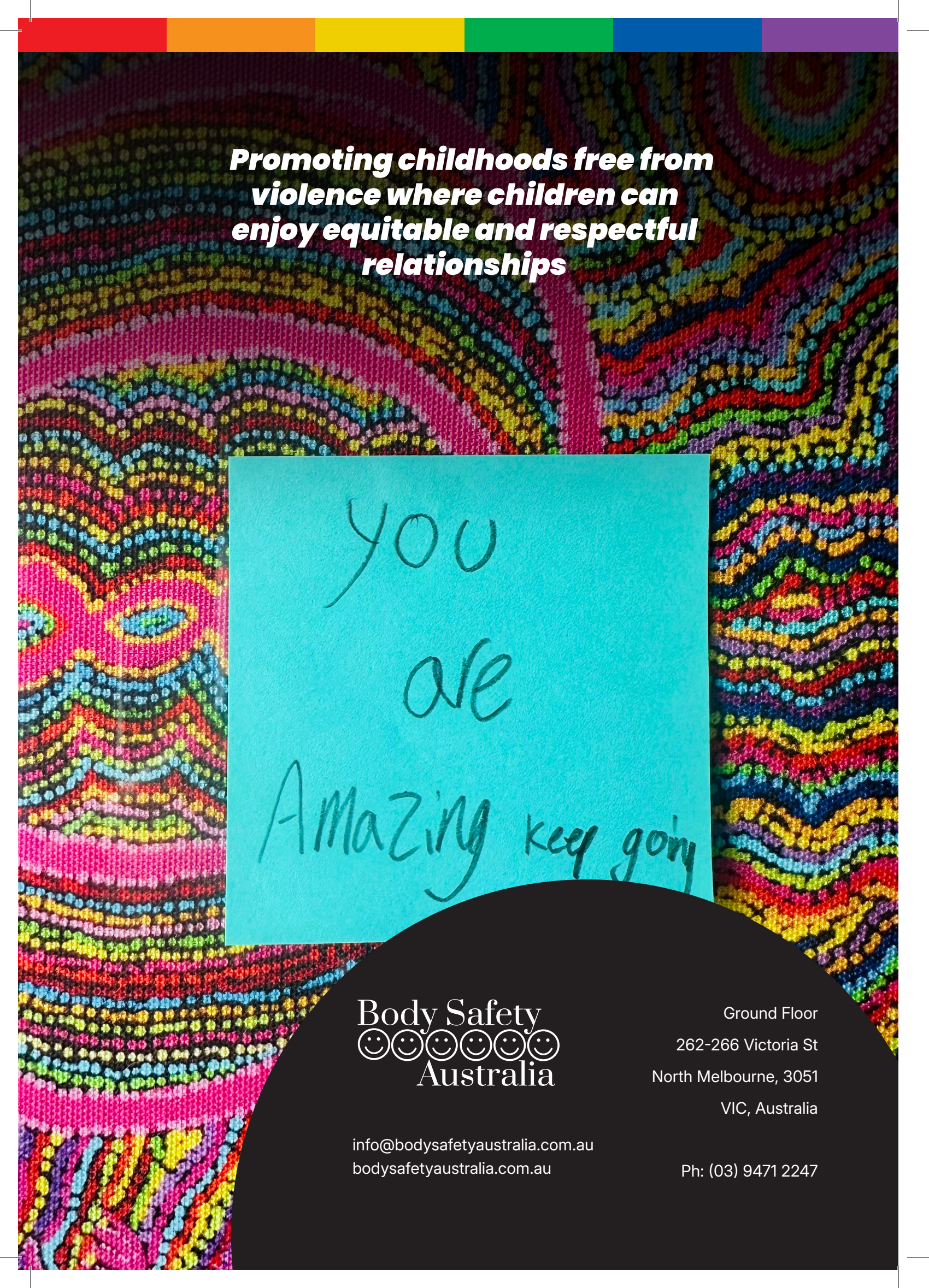
**InTouch Multicultural Centre Against Family Violence:**

1800 755 988

**Aboriginal Family Violence Prevention & Legal Service Victoria:**

1800 105 303





**Promoting childhoods free from  
violence where children can  
enjoy equitable and respectful  
relationships**

you  
are  
Amazing keep going

Body Safety  
  
Australia

Ground Floor  
262-266 Victoria St  
North Melbourne, 3051  
VIC, Australia

[info@bodysafetyaustralia.com.au](mailto:info@bodysafetyaustralia.com.au)  
[bodysafetyaustralia.com.au](http://bodysafetyaustralia.com.au)

Ph: (03) 9471 2247